



SORELLA
SPA



WELCOME TO SORELLA SPA

We are the leading day spa in Swindon, located within the Marriott Hotel, providing a wide range of complementary therapies and beauty treatments in a calm and relaxing atmosphere.

We pride ourselves on a 5-star service for every treatment, and this reflects in our lovely reviews. We have four treatment rooms and a relaxation room, as well as the pool, gym and bar facilities which are available for clients to use on spa days.

We offer specialist massages such as; Sports, Bamboo, Lava Shells, Hot Stones, Deep Tissue, Thai and Pregnancy massage and beauty treatments such as; St. Tropez Spray Tans, Eyelash Extensions, Shellac and ELEMIS face and body treatments.

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TREATMENT PRESSURE
SOFT PRESSURE *SP
SOFT-MEDIUM PRESSURE *SM
MEDIUM PRESSURE *MP
MEDIUM-FIRM PRESSURE *MF
FIRM PRESSURE *FP
PREGNANCY SAFE *P

ELEMIS ST.TROPEZ







MASSAGE THERAPY

REMEDIAL MASSAGE

*SM

Using a combination of massage techniques to release muscle tension, ease stress and promote wellbeing.

30 minutes	£40.00
45 minutes	£48.00
60 minutes	£55.00

AROMATHERAPY

*SP

Personally adapted pressure, using prescribed oils with a pleasant Aroma, perfect for forcing the mind to relax, along with the body.

30 minutes	£42.50
45 minutes	£51.00
60 minutes	£58.00

INDIAN HEAD MASSAGE

*SM/P

Focusing on the head, neck, shoulders and arms. A deep massage using a variety of techniques that revive and invigorate, to encourage healing and balance. Can be performed clothed, and is a seated treatment.

30 minutes	£42.50
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SPECIALISED MASSAGE

SIGNATURE DEEP TISSUE

*FP

If you are looking for a deep tissue treatment for sore aching muscles, this is the one for you. Similar to the ELEMIS deep tissue treatment, we have designed this treatment, we have designed this treatment to enable us therapists to go off routine, and really work on any areas that are needed, using knuckles, forearms and elbows using the luxurious ELEMIS aromatherapy oils.

30 minutes	£48.00
40 minutes	£53.00
50 minutes	£58.00

SPORTS

*FP

Can help to identify, assess and treat muscular problems, with specific techniques to ensure the athlete can perform at their best and avoids repetitive, or sudden injuries.

30 minutes	£50.00
45 minutes	£57.00
60 minutes	£62.00

HYDROTHERM MASSAGE

*S/M/F/P

This unique massage is performed on top of a water-bed style layer that is warmed, supporting your spine for the perfect alignment, whilst being led on your back the entire treatment, the therapist is able to get her whole arms and hands underneath you, to work into your muscles deeply, taking you to another place of relaxation. *Suitable for: the physically active, sedate, pregnant, and elderly clients.*

60 minutes	£65.00
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TRANQUIL SEA HYDROTHERM MASSAGE

*S/M/P

Suitable for anyone that has gone through, or currently undergoing treatment for cancer. Using the hydrotherm water bed feature, this treatment aims to provide a caring, informed massage which aims to alleviate symptoms of discomfort caused by conventional cancer treatment. *This massage does not require a doctors note.*

60 minutes	£65.00
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HOT STONES

*SM

Originating from India, the ultimate heat treatment using basalt stones that retain the heat excellently. This treatment involves stone placement and massage using the stones, for pure relaxation.

30 minutes	£48.00
45 minutes	£57.00
60 minutes	£69.00

LAVA SHELLS 'RELAX' TREATMENT

*SM

100% natural tiger clam shells originating in the Philippines, using coconut oil, the shells replicate the hands, and pressure can be adapted accordingly.

30 minutes	£48.00
45 minutes	£57.00
60 minutes	£69.00

LAVA 'WELLNESS' TREATMENT

*SP

This specific massage allows clients who are currently living with, or have previously lived with cancer. Using moderate, warmth and cooling shells which result in a deeply relaxing and comforting treatment for the body and mind. *Please note: a GP/Consultants written approval is required prior to having treatment with us if you have, or have had, cancer within the past 5 years.*

60 minutes	£69.00
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'LAVA MAMA' TREATMENT *S-M/P

A heavenly full body massage adapted for the mother to be, using pregnancy safe oil to hydrate the skin, lava shells are worked over the muscles to melt away tension and ease discomfort, improving circulation and restoring energy levels.

60 minutes £69.00

TRADITIONAL PREGNANCY MASSAGE *SM/P

This traditional massage lies you on one side to ensure you are always comfortable, and that the bed adapts to your needs. Then works on your arms, legs and back whilst your joints are propped on comfortable pillows to allow for ease of aches and pains. The treatment finishes with an awareness touch on the mothers bump if she feels comfortable, which allows the mother and baby's heartbeat to reconnect as one.

*Please note: This particular massage is best performed after 12 weeks of pregnancy (2nd trimester onwards)
This massage is set up on the massage couch.*

45 minutes £53.00

(1 hour including a thorough consultation)

WARM BAMBOO *MF

The use of hollow bamboo canes that are warmed and rolled over the muscles, to knead and penetrate creating a firm but relaxing massage treatment. This treatment originates from China.

30 minutes £48.00

45 minutes £57.00

60 minutes £69.00

STICKS & STONES MASSAGE *MF

Using a combination of hot stones & bamboo canes to knead and soothe right muscles, melting away any tension.

30 minutes £52.50

45 minutes £64.00

60 minutes £74.00

THAI FOOT MASSAGE *MF/P

Thai Foot Massage is a massage of the legs and reflex points on the feet, that involves hands on stretching and massage to 'open' energy lines, stimulating these points promotes general health and wellbeing.

40 minutes £46.00

REFLEXOLOGY *MF/P

Reflexology is a non-intrusive complementary health therapy, based on the theory that different points of the feet, correspond with different areas of the body. Promotes better health & wellbeing. *Can be performed on a pregnant person.*

40 minutes £48.00

TRADITIONAL THAI MASSAGE *MF

Using traditional acupressure therapy, along with assisted stretches, this holistic Thai massage uses gentle pressure to relax the whole body on a different level. Benefits to include; lowering stress and anxiety, boosting energy levels, and improve athletic performance and flexibility. This treatment includes a warm eye mask to help you drift to a further place of relaxation. *This massage is performed entirely clothed, so please come wearing stretchy comfortable clothing. Or we can provide the Thai suit should you prefer, which is long sleeved/legged and very loose fitting.*

60 minutes £74.00

Unsuitable for people with joint immobility issues.

HOPKI EAR CANDLEING *P

A candle (a linen tube with essential oils) is rested on the opening of the ear and lit, working to draw out any congestion. The heat and oils work to re-balance pressure and stimulate the blood and lymph. The treatment includes a deep facial massage to help relieve congestion around the sinuses.

40 minutes £43.00

POULTICE POWERED MUSCLE RELEASE *MP

Sore, aching muscles are worked away with this invigorating and deeply relaxing treatment. Using an Amber and Quartz poultice and combining the power of Eucalyptus and Juniper, each area of tension is specifically targeted with vibrational energy to re-mineralise, completed by a restorative facial massage.

75 minutes £75.00

PRO-GLOW COUTURE *M-F

Combining an ELEMIS deep tissue back of the body massage, with a 30 minute prescriptive anti-ageing facial to send you to a place of deep relaxation.

60 minutes £74.00



HOT STONES FACE & BODY SENSATION *S-M

Balinese stones bathed in the Frangipani Monoi body oil are worked deep into the muscles, getting into areas of tension. Finishing off with a face, hair and scalp massage using mini warm stones.

75 minutes £75.00

PEACEFUL PREGNANCY MASSAGE *S-M&P

This unique pregnancy body, (45 minute) face and scalp massage (75 minute) is profoundly nurturing and tranquil. Set up on a massage couch using feathered pillows to envelope the body, this treatment is intuitive, sensitive and relaxing, hydrating the skin that is forever expanding to accommodate for your growing baby. *This treatment can also be performed on a pear shaped beanbag but please let us know prior to the commencement of your treatment if you would prefer this set up.*

45 minutes £53.00

75 minutes £74.00

Allow 60 mins incl. consultation time for 45 min treatment & 90 mins incl. consultation time for the 75 min treatment.



MASSAGE ADD ONS:

BODY BRUSHING

The Cactus bristles of the brush help to improve circulation and remove dead skin cells, it is also great for removing toxins that can cause cellulite.

Back Brushing £5.00

Full Body Brush £10.00

EXOTIC BODY SCRUB

An exotic salt scrub used to exfoliate and detox the skin, leaving it soft & silky smooth.

Back Scrub £8.00

Full Body Scrub £15.00

HAIR & SCALP TREATMENT *P

A hair & scalp massage using an enriching coconut oil. Helps to increase circulation, improve hair condition and release muscle tension, as well as stimulating hair growth.

5 minutes £8.00

MYOFASCIAL CUPPING

The process of which a plastic cup is applied to the skin then the cup is forced into a suction using a gun-type instrument, which causes a suction pressure in order to draw and hold skin and superficial muscle tissue (fascia) inside the cup. Beneficial properties of myofascial cupping include increase range of movement, lymphatic drainage and drainage and muscular stretching, increasing the healing time of injured areas, and improve circulation This needs to be added onto any massage treatment with Jordan.

Please note: you will come out with large circular bruising to the areas it is performed on, this is completely normal and bruising will go within 1-2 weeks, depending on each individuals natural healing process.

£10.00





ELEMIS BIOTEC FACIAL TREATMENTS

BIOTEC

Discover ELEMIS' unique 6-in-1 advanced bio-electric technology, work in perfect synergy with the skin's natural bio-electric field, using both hands and machine to scientifically conquer skin concerns.

PRO GLOW GENIUS+ FACIAL *NEW*

The ultimate age-defying experience! Featuring ELEMIS ULTRA SMART Pro-Collagen formulas, this ultimate high performance facial sculpts, smoothes, firms and illuminates the skin. All 6 BIOTEC upgrades are harnessed for maximum, multi-faceted rejuvenation after just one treatment. *Includes BIOTEC: Ultrasonic, Microcurrent, Galvanic, Light Therapy & Oxygen Infusion.*

75 minutes £85.00

PRO GLOW SMOOTH+ FACIAL

The ultimate hiit workout for your skin! This powerful anti-ageing facial utilises microcurrent pluses to help strengthen muscle memory whilst visibly smoothing the look of fine lines and wrinkles. An Oxygen Infusion helps to plump out lines, restore elasticity and increase hydration, for a visibly youthful appearance. *Includes BIOTEC: Ultrasonic, Microcurrent & Oxygen Infusion.*

30 minutes £45.00

50 minutes £75.00

PRO GLOW RESURFACE+ FACIAL

Reveal stunningly smooth skin! Transform the skin's texture whilst minimising the look of uneven tone, pigmentation, enlarged pores and congestion for a renewed, stunningly smooth complexion. A powerful combination of light therapy and rejuvenating Galvanic current leaves skin looking balanced with improved clarity. *Includes BIOTEC: Ultrasonic, LED Light Therapy & Galvanic.*

30 minutes £45.00

50 minutes £75.00

PRO GLOW BRILLIANCE+ FACIAL

Your recipe for radiance! Awaken dull, lacklustre complexions with this radiance-boosting facial. A combination of Galvanic current, Oxygen Infusion and high potency actives energises the skin and replenishes moisture, for a visibly brighter, healthy appearance. *Includes BIOTEC: Ultrasonic, Galvanic & Oxygen Infusion.*

30 minutes £45.00

50 minutes £75.00



ADVANCED ANTI-AGEING FACIALS

PRO GLOW SMOOTH FACIAL *P

The ultimate HIIT workout for your skin! This powerful anti-ageing facial smooths the look of fine lines and wrinkles, fills out expression lines and plumps skin with optimal hydration to reveal a youthful appearance.

30 minutes	£45.00
50 minutes	£75.00

PRO GLOW RESURFACE FACIAL *P

Reveal stunningly smooth skin! Transform the skin's texture whilst minimising the look of uneven skin tone, enlarged pores and congestion for a renewed, stunningly smooth complexion.

30 minutes	£45.00
50 minutes	£75.00

PRO GLOW BRILLIANCE FACIAL *P

Your recipe for radiance! Transform the skin's texture whilst minimising the look of uneven skin tone, enlarged pores and congestion for a renewed, stunningly smooth complexion.

30 minutes	£45.00
50 minutes	£75.00

PRO GLOW GENIUS FACIAL *P

The ultimate age-defying experience! Featuring ELEMIS ULTRA SMART! Pro-Collagen formulas, this ultimate high performance facial restores bounce and resilience whilst smoothing, firming and illuminating the skin for maximum, multi-faceted rejuvenation in just one treatment.

75 minutes	£85.00
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ELEMIS BODY WRAPS

BODY NECTAR NOURISH WRAP FRANGIPANI

The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin whilst cocooning you in a warm wrap, leaving the oils to do their work. An emotionally grounding experience for skin that has never felt silkier.

60 minutes	£58.00
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INTENSELY CLEANSING SALT SCRUB

Given the choice out of the fragrant lime & ginger or Frangipani salt scrub, dead skin cells are gently buffed away, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves the skin thirsty, ready to absorb the deeply nourishing body oil.

45 minutes	£48.00
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TIME FOR MEN FACIAL

HIGH PERFORMANCE SKIN ENERGISER

The hard-working facial for ageing, dehydrated skin and tired eyes. Multi-dynamic facial massage sequences boost circulation, maximises cell regeneration, whilst scalp and foot massages deeply relax.

50 minutes	£65.00
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ELEMIS BIOTEC SUPERCHARGER

A multi-tasking, time efficient solution for the male complexion, using the ELEMIS BIOTEC machine.

50 minutes	£70.00
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EYES & FACE TREATMENTS

All below treatments are pregnancy safe

Please be informed that all eye treatments require a patch test, for glue, lifting, lamination or tinting. This has to be performed at-least once per year and is at your discretion to remind us of this when booking.

EYELASH TINT

Colour to enhance the lashes. £18.00

EYEBROW TINT

Colour to enhance the lashes. £12.00

EYELASH TINT, BROW TINT & TIDY

Colour to enhance the brows and lashes, whilst shaping the eyebrows.

£32.00

EYELASH LIFT (INCLUDING A TINT)

This treatment includes a tint and nourishing oil, to give you that defined lash mascara-like finish.

£42.00

EYEBROW TINT & THREAD/WAX

The process of shaping the brows and defining the brows with a semi-permanent colour (tint) to enhance the natural brow.

£20.00

BROW LAMINATION

(INCLUDING A SHAPE & TINT)

To lift & enhance the natural brows to give a fuller, fluffier, and thicker look. Includes a tint, shape, and nourish.

£37.00

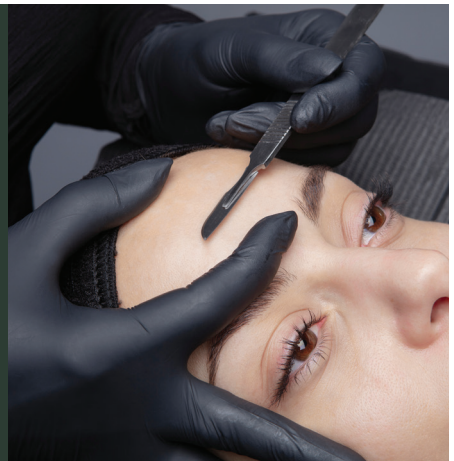


DERMAPLANING

Dermaplaning buffs away the dead skin cells that contribute to clogged pores and spots; it helps to reveal a brighter and smoother appearance, as well as clearing the way so that skin care products and facials can get down into the skin and work properly, rather than sitting on the skin's surface. It removes peach fuzz hair, creating a soft and smooth surface for makeup to glide on flawlessly. *Along with the dermaplaning, and using ELEMIS products, the ritual includes a full facial cleanse, an enzyme exfoliator, a hydrating mask, and finishing with a facial moisture using SPF.*

60 minutes

£50.00



EYELASH EXTENSIONS

EXPRESS LASH EXTENSIONS

These lashes are recommended for a first timer, to try before you fork out for the more long-term ones. These are ideal for a one-off occasion. You should expect up to two weeks wear out of these, and the technique used is one false lash applied, per every other natural lash, so these are extremely natural. We do not offer in-fills of these, due to recommending you then try longer term lashes.

30-45 minutes £35.00

CLASSIC LASH EXTENSIONS FULL SET

These lashes are the same as above, however one false lash is applied per every one natural lash. Mink lashes, comfortable silk texture. It is advised to have them in-filled every 2-3 weeks to ensure that they stay looking their best.

90-135 minutes £55.00

(Minutes dependant on clients eyelashes).

CLASSIC LASH INFILL'S

Lashes should be topped up every 2-3 weeks.

45-75 minutes £30.00

LONDON LASH EXTENSIONS

3D lashes. Three false lashes applied per one natural lash to create an extremely full look, and can achieve a glamorous or natural look due to how fine the lashes are. Once applied, you can barely feel them. Expect 2-3 weeks wear out of these before considering an infill. These are considered our finest, most popular lash, and can be kept up with long term.

Upon completion of your full set of lash extensions, you will be given a free full sized eyelash cleanser, along with some aftercare advise and a mascara wand, to enable easy/clean maintenance of your new lashes.

3 hours (approx.) £80.00

LONDON LASH INFILL'S

Within 2-3 weeks.

90 minutes £45.00

EYELASH EXTENSION REMOVAL

Any of the above lashes removed. £20.00



EYELASH EXTENSION RULES

A patch test needs to be done at least 24 hour prior to having your treatment.

Patch tests need to be done once a year.

Patch tests are performed to avoid an allergic reaction, or fume sensitivity.

If you have eyelash extensions regularly, it is down to you to remind your therapist once a year to do another patch test, to ensure that nothing has changes and you are still safe to have them done. This is due to the fact that anybody can just suddenly develop an allergic reaction to anything we apply to our bodies, even if having done so for years.

Patch tests involve us applying lash extensions to 20% of your natural lashes, and will take around 15-30 minutes.

Allergic reactions include- redness, itchiness, streaming eyes, puffiness/swollen eyelids. If you do have a reaction keep the area clean and cool with a damp flannel, and call us to arrange professional removal of the eyelashes.

Avoid water for at least 48 hours after having your lashes done.

Avoid steam rooms and saunas for at least 48 hours after, but if not, completely, to encourage a long lasting life to your lash extensions.

Avoid creams, oils, makeup/mascara/eyeliner and foundations on your eyelashes and eyelids, as this will hinder the lifespan of your lashes. Speak to your therapist if you are unsure whether you can use your products at home.

Wash your eyelash extensions everyday with the London Lash cleanser that you are provided with upon your first full set. Purchase of another lash cleanser in between full sets, is £20 for a full size bottle.

Avoid touching and rubbing the eyelashes as this can lead to premature shedding or even in extreme cases, permanent hair loss.

Do not perm/lift, or tint the eyelash extensions.







HAND & FOOT TREATMENTS

All below treatments are pregnancy safe

MANICURES

QUICK FIX MANICURE £5.00

Nails clipped and filed only.

EXPRESS MANICURE £20.00

File and polish.

SHELLAC MANICURE £33.00

File, cuticles and application of instant drying gel like polish.

SIGNATURE MANICURE £30.00

Cuticles, file, mini massage & polish.

LUXURY MANICURE £40.00

Exfoliation, soak, nails clipped and/or filed, cuticles, heated mitts, massage and polish.

PEDICURES

QUICK FIX PEDICURE £5.00

Nails clipped and filed only.

EXPRESS PEDICURE £20.00

File and polish.

SHELLAC PEDICURE £33.00

Foot file, nail file, cuticles and application of instant drying gel like polish.

SIGNATURE PEDICURE £30.00

Soak, foot file, cuticles, file, mini massage & polish.

LUXURY PEDICURE £40.00

Exfoliation, foot file, soak, nails clipped and/or filed, cuticles, heated booties, massage & polish.

ELEMIS FOOT & HAND TREATMENTS

BEST FOOT FORWARD

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed & massaged, leaving feet supple and fragrant as a rose.

Without pedicure & polish £33.00

With pedicure & polish £48.00

GARDEN OF ENGLAND ROSE RESTORE HAND TREATMENT

Hand massages are unbelievably relaxing. And this is the last word in conditioning, restorative, anti-ageing hand treatments. Targets age spots and dryness.

Without pedicure & polish £33.00

With pedicure & polish £48.00

NAIL TREATMENTS FOR MEN

SIGNATURE MANICURE OR PEDICURE £25.00

Soak (pedicure) cuticles, nails filed/clipped, mini massage.

LUXURY MANICURE OR PEDICURE £33.00

Soak (pedicure) exfoliate, foot file, cuticles, nails filed/ clipped, heated booties, & mini massage.

MANICURE/PEDICURE ADD ONS:

PARAFFIN WAX £8.00

Warm paraffin wax drizzled onto hands or feet, very good to soothe arthritic joints.

SHELLAC GLITTER / NAIL ART

£40.00

Glitter additive applied to the shellac to create an all over or graduated sparkly effect.

Alternatively we also do nail art, although for both treatments we recommend you advising us over the phone if you wish to have this done as it will take a little longer, and needs to be booked in with the right therapist. (Or add on £1 per nail to a shellac manicure.)

SHELLAC REMOVAL £20.00

Foils applied and shellac dissolved off, followed by cuticles, file & nail treatment or regular nail varnish of your choice. *For clients that have had shellac applied by us, that would like to have it redone, removal is free of charge, just let us know that you still have it on so we can allow time to remove and reapply the shellac. Please note this must be CND shellac to be removed.*





TANNING & HAIR REMOVAL

ST. TROPEZ EXPRESS SPRAY TANNING *P

Clever technology that adapts to your natural skins pigmentation, to tan you as well as you would tan in the sun. As little as 1-3 hours developing time meaning you no longer have to sleep in the residue.

Full body	£28.00
Legs or upper body only	£18.00

WAXING *P

1/2 leg	£20.00
3/4 leg	£25.00
Full leg	£30.00
Full leg & bikini	£42.00
Bikini line	£18.00
Extended bikini line	£20.00
Brazilian	£30.00
Hollywood	£34.00
Underarm	£12.00
Forearm	from £18.00
Full arm	£27.00

THREADING OR WAXING *P

Facial threading / Eyebrows / Lip / Chin

1 area	£12.00
2 areas	£15.00
3 areas	£20.00

MALE GROOMING

Eyebrow tidy (<i>waxing or threading</i>)	£12.00
Back Wax	£22.00
Chest Wax	£22.00
Eyebrow tidy (<i>waxing or threading</i>)	£40.00

ADVANCED ELECTROLYSIS

Skin tag, thread vein & blood spot removal, a prior consultation is required to check area and suitability.

15 minutes	from £30.00
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COURSE TREATMENT PACKAGES

ELEMIS FACIAL TREATMENT PACKAGES

Perfect if you want serious results from your skincare routine. *Course of six facials for the price of five.*

SKIN SPECIFIC FACIAL

Recommended every 2 weeks.

45 minutes (RRP £360) offer price £300.00

Our tailored to you facial where our therapists can tailor the routine and product used just for you. *Please be aware that the skin specific facials are a very basic facial range compared to the advanced anti-ageing.*

ADVANCE ANTI-AGING FACIAL

Pro glow smooth, pro glow resurface, and pro glow brilliance. *Recommended every 3 weeks.*

50 minutes (RRP £450) offer price £375.00

PRO GLOW GENIUS FACIAL

Pro glow genius/pro glow genius+. *Recommended every 3 weeks.*

75 minutes (RRP £510) offer price £425.00

ADVANCED BIOTEC FACIALS

Pro glow smooth+, pro glow resurface+, pro glow brilliance+. *Recommended every 3 weeks.*

30 minutes (RRP £270) offer price £225.00

60 minutes (RRP £450) offer price £375.00



MASSAGE TREATMENT PACKAGES

Perfect for hectic lifestyles that need to plan ahead to treat yourself. We also offer the same as our facial packages but in massage form!

The principle is the same, buy 5 and get the 6th FREE!

A few examples of this are:

REFLEXOLOGY

Non-intrusive complementary health therapy, based on different points of the feet, correspond to different areas of the body. Promotes better health and wellbeing.

40 minutes (RRP £288) offer price £240.00

REMEDIAL MASSAGE

Using a combination of massage techniques to release muscle tension, ease stress and promote wellbeing. *Recommended every 2-4 weeks.*

30 minutes (RRP £240) offer price £200

45 minutes (RRP £288) offer price £240

60 minutes (RRP £330) offer price £275

AROMATHERAPY

Personally adapted pressure, using prescribed oils with a pleasant aroma, perfect for forcing the mind to relax, along with the body.

Recommended every 4 weeks.

30 minutes (RRP £255) offer price £212.50

45 minutes (RRP £306) offer price £255

60 minutes (RRP £348) offer price £293

SIGNATURE DEEP TISSUE

Using elbows, knuckles and forearms to knead away any knots and tension in the body, using a prescribed aromatherapy oil.

Recommended every 2-6 weeks.

30 minutes (RRP £288) offer price £240

45 minutes (RRP £318) offer price £265

60 minutes (RRP £348) offer price £290







SPA DAY PACKAGES

Sorella Spa and the Swindon Marriott Hotel are delighted to offer you a selection of fabulous spa packages. All treatments are suitable for both men and women.

If you would like to change your treatments that are included in your package to an upgraded version, you can do so, if you have given us enough notice and the correct therapist is in to do that particular treatment. If you would like to extend your day with further treatments, please take a look at our separate treatments and this can be discussed upon booking.

SIMPLY SPA DAY £80.00

Tea/coffee on arrival
Two course meal or afternoon tea (min. 2 persons)
A soft drink of your choice
Use of the pool, sauna, steam room & heated loungers
Use of our private relaxation room
Treatment time (around 35 minutes)

Treatment options, choose from:

An Aromatherapy or Remedial back neck and shoulder massage with back scrub,

ELEMIS taster facial, with hair conditioning oil treatment,

Sorella Spa Luxury Manicure OR Pedicure: exfoliation, soak, foot file (if pedicure), nails clipped and/or filed, cuticles, heated booties (pedicure) or mitts (manicure), massage and polish.

TIME OUT £130.00

Tea/coffee on arrival
Two course meal
A soft drink of your choice
Use of the pool, sauna, steam room & heated loungers
Use of our private relaxation room
Treatment time (around 1 hour 30 minutes)

Treatment included:

Remedial or Aromatherapy full body massage, with back scrub using either Frangipani or Lime & Ginger.

ELEMIS taster facial.

QUALITY TIME OUT £150.00

Tea/coffee on arrival
Two course meal or afternoon tea (min. 2 persons)
A soft drink of your choice
Use of the pool, sauna, steam room & heated loungers
Use of our private relaxation room
Treatment time (around 1 hour, 45 minutes)

Treatment included:

Remedial or Aromatherapy full body massage, with back scrub using either Frangipani or Lime & Ginger.

ELEMIS skin specific facial.

LUXURY TIME OUT £175.00

Tea/coffee on arrival
Two course meal, with prosecco and strawberries
A soft drink of your choice
Use of the pool, sauna, steam room & heated loungers
Use of our private relaxation room
Treatment time (around 2 hours, 45 minutes)

Treatment included:

Remedial or Aromatherapy full body massage, with back scrub using either Frangipani or Lime & Ginger.

ELEMIS skin specific facial.

Sorella Spa Luxury Manicure or Pedicure.



TOGETHER TIME FOR TWO £250.00

Tea/coffee on arrival
Two course meal or afternoon tea
A soft drink of your choice
Use of the pool, sauna, steam room & heated loungers
Use of our private relaxation room
Treatment time (around 1 hour 15 minutes)

Treatment included:

Remedial or Aromatherapy back neck and shoulder massage, with back scrub using either Frangipani or Lime & Ginger.

ELEMIS skin specific facial.

MATERNITY TIME PACKAGE £140.00

Tea/coffee on arrival
Two course meal
A soft drink of your choice
Use of the pool, sauna, steam room & heated loungers
Use of our private relaxation room
Treatment time (around 2 hours 15 minutes)

Treatment included:

Traditional pregnancy massage with a ELEMIS taster facial (45 minutes)
Sorella Spa Luxury Manicure OR Pedicure.

UPGRADE OPTIONS:

FACIAL UPGRADES

ELEMIS express facial, to an ELEMIS Anti-ageing facial (*not available for the Simply Spa package*).

£30.00

ELEMIS skin specific, to an ELEMIS anti-ageing facial.

£10.00

MASSAGE UPGRADES

Remedial or Aromatherapy full body massage, to a Hot Stone, Bamboo, or Lava Shells massage.

60 minutes £15.00

Remedial or Aromatherapy back neck and shoulder massage, to a Hot Stone, Bamboo, or Lava Shells massage.

30 minutes £10.00



Consultation forms will be required to be completed before all treatments on the day.

A 50% deposit is also required upon booking, to secure your spa day.

Your visit includes a gown, slippers, and towels to use on the day for the pool area, as well as a soft drink per person, a hot drink per person, and lunch. If you would like any further food or drinks throughout the day, these would be charged separately at the bar.



APPOINTMENT CANCELLATION POLICY

We get extremely busy, and always recommend booking well in advance for any treatments you may desire. With this said, please provide us with at least 24 hours notice should you need to cancel any of your appointments, so that we can offer the space to another person.

If you miss an appointment or do not allow 24 hours notice, we do reserve the right to charge you the full price of that treatment.

GIFT CERTIFICATES

If you have a gift certificate, these are valid for one year. We allow an extended grace time of an extra month after expiry, but this is only for 50% of the value of the gift certificate. We suggest booking in for your treatments as soon as possible, if you have certain dates in mind, and always suggest at least two months notice for a booking.

Vouchers that are purchased for a monetary amount, will be subject to a small fee possibly needing to be paid by the recipient if we have had a price increase since the time of purchase.

DISCOUNT SCHEMES

NHS, Intel, Nationwide & Marriott leisure club receive a discount of 10% off of any treatment over £30.00, from Monday - Friday. Identification will be required to obtain the discount.





OPENING TIMES

Monday 10am-7pm
Tuesday 9.30am-6.30pm
Wednesday 9.30am-8pm
Thursday 9.30am-8pm
Friday 9.30am-6.30pm
Saturday 8.30am-4pm

BANK HOLIDAYS

9am-1pm
(subject to change)

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